

**■ ОЦЕНКА КАЧЕСТВА ЖИЗНИ СТУДЕНТОВ С АЛЛЕРГИЧЕСКИМ РИНИТОМ,
ЭПИДЕМИОЛОГИЧЕСКИХ И КЛИНИЧЕСКИХ ОСОБЕННОСТЕЙ ЗАБОЛЕВАНИЯ**

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Резюме. В исследовании приняли участие 100 студентов педиатрического факультета Смоленского государственного медицинского университета. Для выявления у них аллергического ринита было проведено аудиторное сплошное анкетирование в письменной форме, а также они заполнили стандартные опросники по качеству жизни. В ходе исследования установлено, что частота встречаемости аллергического ринита среди студентов составила 32%, при этом сезонный аллергический ринит был заподозрен у 22% респондентов и круглогодичный – в 10% случаев. На 2 этапе проведена оценка качества жизни студентов с аллергическим ринитом и здоровых лиц. Установлено ухудшение качества жизни у всех студентов с аллергическим ринитом по сравнению со здоровыми лицами. У респондентов с круглогодичным аллергическим ринитом имело место, более выраженное ухудшение качества жизни в сравнении со студентами с сезонным аллергическим ринитом.

Ключевые слова: аллергический ринит, круглогодичный аллергический ринит, сезонный аллергический ринит, аллергические заболевания.

**■ ASSESSMENT OF THE QUALITY OF LIFE OF STUDENTS WITH ALLERGIC RHINITIS,
EPIDEMIOLOGICAL AND CLINICAL FEATURES OF THE DISEASE**

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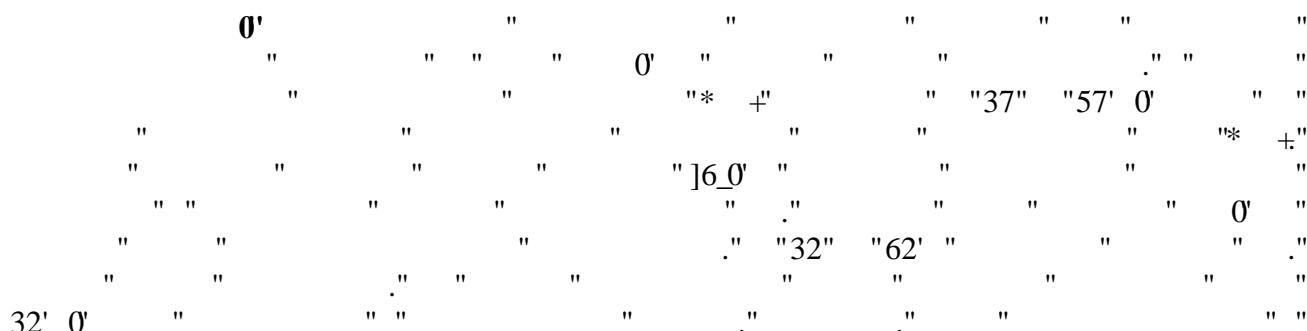
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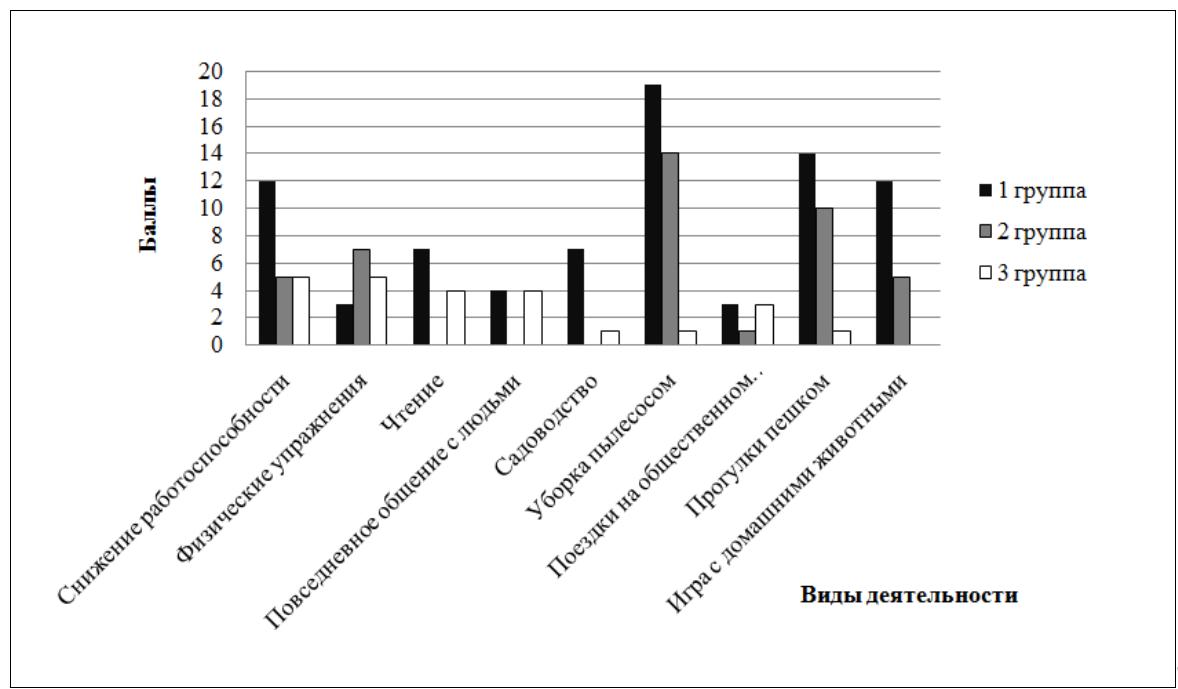
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Abstract. In a study of 100 students of the pediatric faculty of the Smolensk state medical University, an auditory continuous questionnaire was conducted in writing to detect allergic rhinitis and they also filled out standard quality of life questionnaires. The study found that the incidence of allergic rhinitis among students is 32%, while seasonal allergic rhinitis was suspected in 22% of respondents and year-round rhinitis - in 10% of cases. At stage 2, using a standard questionnaire, an assessment was made of the quality of life of students with allergic rhinitis and healthy individuals. A deterioration in the quality of life was found in all students with allergic rhinitis compared with healthy individuals. Respondents with year-round allergic rhinitis had a more pronounced deterioration in the quality of life compared with students having seasonal allergic rhinitis.

Key words: allergic rhinitis, year-round allergic rhinitis, seasonal allergic rhinitis, allergic diseases.





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